Health and Wellness Resource Center
Search Tips

This fully integrated electronic database offers you instant access to authoritative health information, including full-text medical encyclopedias, health and medical journals, thousands of pamphlets, streaming videos, and health articles from more than 3,000 general interest publications covering health care, diet, and fitness topics. Whether you’re a student, patient or medical professional: the Health & Wellness Resource Center is comprehensive and easy to navigate - and helps anyone seeking health information breathe a sigh of relief!

HOW TO USE HEALTH AND WELLNESS RESOURCE CENTER
Use your library’s Internet browser to go to the Health and Wellness Resource Center URL. At the home page, you may access any of these search options:

• The Search Box
• Advanced Search
• Diseases and Conditions
• Find a Drug
• Search Directory
• Topics in the News
• Health Highlights

THE SEARCH BOX
Enter a word or words in the blank box and then select one of the following options: Keyword, Subject or Entire Document.

SEARCHING BY KEYWORD, SUBJECT, OR ENTIRE DOCUMENT
To broaden or narrow your search in one step, three types of searches are available from the Search Box. Click on the corresponding radio button of your choice.

• KEYWORD SEARCH – Searches the key fields (title, citation, introductory text) of the documents in the database for your search term. Yields relevant results.
• SUBJECT SEARCH – Good search to use for common topics. Yields highly relevant results.
• ENTIRE DOCUMENT SEARCH – Best only to use this search when you are looking for an unusual phrase, new terminology or a particular line of text.

You may further narrow your results by limiting to Full Text articles, Consumer Health information, Refereed publications, or Spanish Language (en español) content.

ADVANCED SEARCH
Use Advanced Search for:

• Finding a specific article, when you already know the title, publication name or author
• Combining your terms with Boolean operators and index fields

Enter your term(s) in a blank box, and select an index field from the drop down list. Boolean operators, and, or and not let you connect up to three terms or you may limit your search even further by selecting one or more of the search limiters provided.

DISEASES AND CONDITIONS
Browse for information about medical conditions contained in the Gale Encyclopedia of Medicine.
The most frequently searched conditions will appear in the box and clicking on the More>> link will take you to the entire contents of the encyclopedia. If your library subscribes to the Alternative Health Module, you will also have access to the Gale Encyclopedia of Alternative Medicine from the button below the database banner.

**FIND A DRUG**
Search for information about over the counter, generic, and brand name drugs, as well as drugs that treat specific symptoms. If your library subscribes to the Alternative Health Module you will also be able to search for information on herbal remedies.

**SEARCH DIRECTORY**
Search for contact information for health care facilities, people, products, and offices. You can search the directory for a keyword and further narrow your query by entering in geographic details such as the city, state or province.

**TOPICS IN THE NEWS**
This search option allows you to access content from our partner site, Healthology. Here you will find recent health related headlines, clicking on a headline takes you to the full text of the article. **Topics in the News** in updated every 8 hours.

**HEALTH HIGHLIGHTS**
Features a single health topic, click the topic title to view the full content from Healthology which may include a video webcast. Clicking on the Read Transcript link displays the text of the webcast, the Related Programs link lets you look for additional Healthology content on similar topics.

**VIEWING YOUR RESULTS**
Once you execute a successful search, you will view a results list. Scan the list of titles to locate one to fit your research needs. To use your results list click on the hyperlinked text to read the document. You may also view Books & Fact Sheets, Magazines & Journals, Drugs, Pamphlets, Video, and News by clicking on the tabs at the top of the search results list. Tabs with no results are "grayed out" and will not work.

From this screen and on subsequent screens, the different Search Option buttons from the home page are displayed across the gray horizontal bar at the top of the screen for quick and easy access. This format allows you to change your search method without having to return to the home page to browse or search medical and health encyclopedias, dictionaries and directories; to access government and major medical Web sites, or to access the Disease Profiler add on module - if your library subscribes to it.

All documents are displayed in the same basic format. Documents can be printed, e-mailed, downloaded or bookmarked using the InfoMark® icon at the top of the screen. You can narrow or refine your search from the results list. The left-side bar contains subject terms, “see also” references and subdivisions. Please note: You must be viewing the Magazine & Journals tab to use subdivisions.

**ADDITIONAL RESOURCES**
Search Tips, Help, a Guided Tour and a List of Sources button are identified by icons and as plain text on the toolbar at the bottom of the screen. Revise Search, Search History, Related Searches and Return to Results buttons are available (variously, throughout your search) in the left side bar. If you require further assistance with Health & Wellness Resource Center, please contact your librarian.