### Define your research question using PICO - write it in here.

<table>
<thead>
<tr>
<th>P</th>
<th>Describe your <strong>patient</strong> (age, sex, race, past medical history, etc.), the <strong>disease</strong>, or <strong>main topic of your question</strong>.</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>What <strong>intervention</strong> or action are you considering - treatment, diagnostic test, etc. Is there a specific issue you'd like to investigate?</td>
</tr>
<tr>
<td>C</td>
<td>Are you trying to <strong>compare</strong> or decide between two options - drugs, a drug and no medication or placebo, or two diagnostic tests? Your clinical question does not always need a specific comparison.</td>
</tr>
</tbody>
</table>
| M | **METHODOLOGY** What research method should be used to compare the intervention group with the comparison (or control) group?  
  - randomized controlled trial  
  - cohort study  
  - case controlled studies  
  - case reports  
  - systematic reviews  
  - meta analysis  
  - editorials/expert opinions |
| O | What is the **outcome you'd like to achieve**? What are you trying to do for the patient? Relieve or eliminate the symptoms? Reduce the number of adverse events? Improve function or test scores? |

**List thesaurus terms** from your PICO question that can be used for your search

**List other criteria** – gender, age, year of publication, language to be used to **limit your search**.

**List keywords** from your PICO question that can be used for your search

**List databases** you plan to search: CINAHL, Pubmed or Pubmed Clinical Trials, PsyArticles.